

Tutor-group Worship

Week 5 – Worshipping

Idea One

Follow the normal gathering routines for tutor-group worship.

If the weather permits, go outside with the class. Some ideas for worshipping in the natural world to offer students are:

- Write prayers/thank you messages to God using natural materials
- Give students bubbles. They could blow them as a sign of letting go of worries, or as a sign of sending out prayers. These could be stated out loud, or kept silent.
- Sit together as a class, be still and contemplate the outdoors. The weather, the clouds, nature, life around them. *What do you notice? What makes you go ‘wow’ (e.g. ‘aren’t the clouds awesome!’)? ‘Ow’ (e.g. litter isn’t good for animals)? ‘How’ (e.g. ‘how do trees grow?’)?*
- Photo activity – invite students to consider where would be the best locations outside which would have the caption ‘God in this Place’

Come together to share reflections and invite an opportunity to offer these to God.

Idea Two

Follow the normal gathering routines for tutor-group worship.

Consider the ‘Sacrament of the present moment’. Are we sometimes so focused on what happens in the past, or worrying/wishing for the future, that we forget about the here and now? To what extent do we think this is true?

Give each student a satsuma (or something similar which requires eating in steps). Invite students to eat a segment one at a time, but challenge them to not think about unravelling or eating the next segment until that segment is finished. Just enjoy, and make the most of, the present satsuma segment. How could we apply this to our lives today?

Offer a time of prayer, that we can live more in the present moment.