

Ideas for spiritual reflection at reflective areas and at home: 'Day 2'

On these pages are ideas for spiritual reflection at reflective areas within classrooms (or other areas of the school site) as well as at home. The ideas within the former draw explicitly upon the research of David Csinos (see pages 6-7 of the Heart for the Earth overview); feel free to adapt or use them as a springboard to think of other ideas for spiritual reflection that the school community will value. The latter provides some newsletter text and ideas you may wish to share with parents/carers to stimulate reflection and practical demonstrations of having a 'Heart for the Earth' at home. These activities will help pupils – and their families – to further reflect upon loving and walking lightly upon the planet we share. In so doing, pupils can become climate champions in a range of contexts^[1]:



[1] O'Dwyer, A. 'Exploring climate change education outside the classroom', In Dolan, A.M. *Teaching Climate Change in Primary Schools: An Interdisciplinary Approach* (London: Routledge, 2022), p.141

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Word

'Only 1% of the water on this planet is usable'

How important do you think this fact is for how wisely we use water?

I wonder how this might inspire your actions this week?



Emotion

(Print and display the image on the next page alongside the following questions. Also place A5 pieces of card or paper for pupils to draw on)

I wonder:

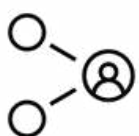
- How does this image make you feel?
- What does it make you think about?
- If you were to draw an image which has the title, 'Love every drop', what would you draw?
- If you'd like to, draw this on the small piece of paper and place it by this image. Add a prayer if you would like to.



Symbol

(Place a bowl of water on the reflective area)

Gently tap your finger in the water and see the 'ripple effect'. All our actions make ripples – some good, some not so good. Think how we can be wise users, not abusers, of water this week. As you watch the ripple, is there anything you would like to ask God's forgiveness or help for?



Action

Question: how will you show a heart for the earth today?

God





Heart for the Earth at Home:

newsletter text and practical ideas: Day 2

In our collective worship and across school life, we are exploring what it means to have a 'Heart for the Earth'. We have been thinking about why it is important to look after the planet we share, with a particular focus on wise use of water. If you'd like to, below are some ideas to further encourage a heart for the earth.

Spend time outside with your children this Spring. The stronger our connection to the earth, the more likely we are to care for it. Why not:



- Look attentively at water in all its forms – spend time cloud watching, puddle stomping, observing raindrops on leaves etc.
- Explore places of open water near you. Perhaps there is a pond, lake, river and/or canal? What do you notice if you look closely – wildlife, plants, litter? Discuss what your favourite place of open water is locally – why is this one your favourite?



In collective worship, we will consider the following questions. Why not discuss these at home?



- Water is so amazing – we need it to live clean and healthy lives. Do you think it is important to use water wisely? Why?
- Water treatment plants use a large amount of energy to ensure our water is safe and clean to re-use. How could we save water so that less energy is used? (The average British person uses 150 litres a day!)
- Do you think we need to be more grateful for the water in our lives and around us? Why?
- A growing Christian view is that we live as part of a 'community of creation'. How would wise use of water help all life on the Earth to flourish?
- Is there something we could place around the house to help remind us to be wise, grateful users of water? Perhaps a picture or message?

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In our collective worships, we have been thinking about how we can show a 'heart for the earth' through our use of water. Hear your child's ideas about how water can be saved.

