

Tutor Group Worship:

3 ideas for Day 2

Idea 1: Examen

Lead the class in a 'Heart for the Earth' inspired examen (see end of this document for guide). If the weather is favourable, why not do this outside?

Idea 2: Class discussion – 'How can we show a heart for the Earth through wise use of water?'

Secondary students often state that they don't feel they have enough time to discuss aspects raised in collective worship. This tutor-group worship offers the opportunity for students to discuss key questions raised through the two collective worship plans offered within this instalment of Heart for the Earth; it is fine for this tutor-group worship plan to take place before or after these acts of worship.

Start with the normal gathering routines for tutor-group worship. Remind the tutor group how, in recent acts of worship, we have been exploring Genesis 1 to help us think about showing a 'Heart for the Earth'. Today, we are thinking about how we can show a Heart for the Earth through wise use of water.

Each of us has a 'water footprint', the amount of water we use in our daily lives. Some of this is 'direct' – we actually use appliances for drinking, washing and cleaning; the average Brit uses 150 litres of water per day. Much of this is 'virtual water' – that's the amount of water that is used to make our clothes, food and energy. This is 4,653 litres for the average British person. The water we use needs to be cleaned – and cleaning uses energy which contributes to climate change. In showing a heart for the Earth, we need to be wiser users of water.

Below are a number of statements for the tutor group to consider through discussion – this could be through think-pair-share. You might like to use all of the questions or select a few. This could also be completed as a silent debate, with each statement being placed in the centre of A3 paper or larger for students to comment on, raise questions and respond to others' comments in the class.

- 'Every time we make a purchase, we vote for the kind of world we want to live in'. How might quote this link to climate change and us as consumers?
- The fashion industry is the second largest global polluter due to the energy and water needed for the production and transportation of clothes. How could we – as individuals and a society – make wiser choices with our current and future clothing?[1]
- Around 99% of the world's water is locked in ice-caps, glaciers or is too salty to drink. There is only 1% of the Earth's water that is usable for all of humanity's needs – agricultural, manufacturing, residential and living needs. This should make us...
- How can we show a heart for the Earth through wise use of water?

Close with the following prayer (alternatively, ask if anyone would like to offer a spontaneous prayer, from the heart):

Dear God,

Thank you for the gift of water which fills the Earth

Help us to be responsible users of it and show our heart for the Earth through using it wisely

Amen

[1] E.g. buy less, buy second-hand, repair clothes, buy clothes made from natural materials, do research and buy from more ethically minded companies

Idea 3: Musical reflection

Everyone reflects spiritually in different ways. This activity allows those who connect with self, world, others and God through listening to music to do so.

Begin with normal gathering routines for tutor-group worship. Recall with students the 'dominion' and 'community of creation' worldviews which are being contrasted as part of the Heart for the Earth resources.[2] Explain that, in our act of tutor-group worship today, we will each have the opportunity to deeply reflect upon how we can each show a heart for the Earth through our wise use of water. All on Earth are all dependent upon this resource, and there is a finite amount that is usable. A significant amount of carbon emissions is caused by water use and treatment. The less water we use, the less impact on our shared planet.

Invite students to draw the following image in the middle of a page, with enough space to write thoughts around:



Play the following piece of reflective music:

<https://www.youtube.com/watch?v=M2y5v2h19qo>

As the music plays, invite students to write their thoughts, worries and hopes about water use in the world. This could be an open activity, or prompts such as the following could be placed on the board:

- How can we show a heart for the Earth through being wise users – not abusers – of water?
- In your opinion, what needs to change the most in this area?
Businesses? Personal consumption? Ethical consumerism – food, fashion? Something else?

[2] See pages 4 and 5 of the Heart for the Earth overview:

<https://www.stalbans.anglican.org/wp-content/uploads/HftE-Overview.pdf>

- What could I do this day/week/month/year to reduce my water footprint?

Close with the following prayer (alternatively, ask if anyone would like to offer a spontaneous prayer, from the heart):

Dear God,

Thank you for the gift of water which fills the Earth

Help us to be responsible users of it and show our heart for the Earth through using it wisely

Amen





PLUG-IN-AND-PLAY



Find a place to be still and silent: Ready yourself for reflection.

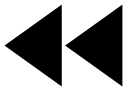
You might like to ask God to help you review your day so far.



Pause and be still: Think about the present.

Take some slow breaths.

What do you notice around you? What can you hear? What can you feel?
Spend some time being grateful for the world around you.



Rewind: Review your day so far.

How has your heart for the earth been seen today?

Has it been seen in your thoughts?

Has it been seen in your actions?

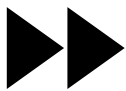
Spend a bit of time being thankful for the wonderful earth; if you'd like to, thank God for creation.



Were there moments where you didn't show a heart for the earth?

Whatever these moments were, remember that you are precious to God and nothing ever changes that. Think about what you might do differently should that situation occur again.

Is there anything you would you like to leave with God and say sorry for?



Fast forward: Imagine the future.

Think about the rest of the day. How might you show a heart for the earth? Is there anything you would like God to help you with?

If you'd like to, talk to God about it now and ask God to be with you through your day.



Play: Resolve to live well for the rest of the day.

What has been the main thing you have taken away from your reflection? How has it helped you as you continue your day?